



**Kainuun sote**



## **Home care services for families with children**

"We help so that everyday life is smooth"

Be bold to contact!

[www.kainuu.fi](http://www.kainuu.fi)

## **Home care services for families with children**

Professional home care service for families with children is social service stipulated by the Social Welfare Act (1301/2014,19§) aimed at families with children. Home care service for families with children is goal-oriented, structured and temporary. By providing home care service support the family's own capabilities are strengthened and coping with everyday life is enhanced.

The service is available for families with children who need e.g. short-term support in taking care of necessary home chores and/or assistance in child care.

The aim is to strengthen families' capabilities to cope with everyday life situations. The goal is to provide early support for families for instance in straining life situations. The need for home care for families with children is evaluated case-by-case and the amount of service and details will be mutually agreed with the family prior to commencing the home care service.

While assessing the need for the home care service the family's own network and other possible ways of support such as daycare and third sector services will be identified.

The service is mainly granted as temporary service. Other than temporary service is regarded as regular home care service and it requires a service need assessment and a client plan.

## **Through home care for families with children can e.g. the following situations be supported:**

- Needs for pregnancy, labour or baby care
- Sudden change in family life situation (e.g. a family member becoming ill or divorce/unmarried partners separating)
- A parent's temporary exhaustion or tiredness
- A parent's illness or accident and convalescence
- Children's or parents' therapy or doctor's appointments

## **Client fees**

Temporary home care service for families with children (maximum seven (7) visits in calendar year) is paid service.

- 5 € / hour up to five (5) hours
- 5 hours or over 25 € / day

Temporary home care service is free-of-charge in case the service is under child welfare classified as a community care supportive action.

Home care fee for a regular (more than seven (7) visits in calendar year) will be defined according to the number of family members and income.

More information on client fee is available in Kainuun sote's valid client fee guidelines that is found in address

<https://sote.kainuu.fi/asiakasmaksut>

## **How to apply for home care services for families with children in Kainuun sote municipalities:**

The service can be applied for filling in e-form in omasote, filling in printed form or contacting home care social instructor.

It is worthwhile to apply for home care service in due time to ensure home care service to be granted in specific time needed (the time for organizing the service is 14 days).

Applications and for more information on service is found in address <https://sote.kainuu.fi/lapsiperheiden-kotipalvelu>

Applications in paper form will be delivered to:

Kainuun Sote / Perhetyö  
Lapsiperheiden kotipalvelun sosiaaliohjaaja  
Kajaanin perhekeskus  
Lönnotinkatu 2 C, 87100 Kajaani

Home care service for families with children social instructor  
Tel. 044 797 4434