



Home services for families with children

'We can help make your everyday life easier'

Feel free to contact us!

Home services for families with children

Professional home services for families with children is a social service in accordance with the Social Welfare Act (1301/2014, section 18a) that is aimed at families with children. Home services for families with children is a goal-oriented, systematic and temporary service. Home services helps to strengthen families' internal resources and everyday coping methods.

The services can be accessed by families with children who need, for example, short-term help with taking care of necessary household chores and/or with childcare.

The aim is to help families cope in the day-to-day. The goal is also to provide support to families at an early stage, for example in stressful life situations. The need for home services is assessed on a case-by-case basis, and the extent and details of the provided services are agreed together with the family before initiating the service.

When assessing the need for home services, the family's own networks and other possible forms of support such as day care and third sector services are also evaluated.

Home services are normally provided on a temporary basis. Home services that are not provided on a temporary basis are considered regular home services and they require an assessment of the client's service need and a client plan.

Home services for families with children can provide support in, for example, the following situations:

- support needs related to pregnancy, childbirth or baby care
- sudden life changes affecting a family (e.g. illness of a family member or divorce/separation)
- temporary exhaustion or fatigue of a parent
- a parent's illness or accident and recovery
- therapy or doctor's visits of a child or parent

Client fees

Temporary home services for families with children (maximum of 12 visits per calendar year) is a paid service.

- €5/hour up to five (5) hours
- 5 hours or more, €25/day

No fee is charged for temporary home services if the service has been assigned as a support measure in non-institutional child welfare.

The fee for regular (more than 12 visits per calendar year) home services is determined based on the number of family members and the family's income.

For more information about client fees, please view the valid client fee instructions of the wellbeing services county of Kainuu at:

<https://hyvinvointialue.kainuu.fi/asiakasmaksut>

Applying for home services for families with children in the wellbeing services county of Kainuu:

You may apply for home services by filling out an electronic form at omasote, by filling out a printable form, or by contacting the home service social instructor.

The application process should be initiated in good time to ensure that the services can be offered at the specific and necessary time (organisation of services takes 14 days).

Please find application forms and more information about the services at:

<https://hyvinvointialue.kainuu.fi/lapsiperheiden-kotipalvelu>

Paper applications must be sent to:

Kainuun hyvinvointialue/Kotona asumista tukevat palvelut
Social instructor for home services for families with children
Kajaanin perhekeskus
Lönnotinkatu 2 C, 87100 Kajaani

Social instructor for home services for families with children
tel. 044-797 4434